

Emergency Preparedness and the Efficient, Effective Management of Incidents

First Aid Training	
Course Title	HSE Approved First Aid at Work
Duration	4 days
Delivered by	In house consultants with a minimum of 10 years experience in Emergency Medical Response
Who is it aimed at	Anyone who requires a HSE approved first aid qualification
Aim	To train the delegate to meet the requirements of the Health and Safety (First Aid) Regulations 1981
Objectives	<p>On completion of this course the delegate will have the knowledge to demonstrate and understand:</p> <ul style="list-style-type: none"> • Actions at an emergency • Basic anatomy and physiology • Mechanics of injury • Patient assessment • Cardio-Pulmonary Resuscitation – Adult, Child and Infant • Choking – Adult, Child and Infant • Breathing and Heart conditions • Shock • Medical conditions – Diabetes, epilepsy, Stroke etc • Wounds and Bleeding • Poisons, Bites and Stings • Spinal, Bone, Joint and Muscle injuries • Effects of extreme heat and cold
Assessment/Certification period/process: Following successful validation a certificate will be awarded and valid for 3 years	

To discuss requirements on any aspect of Emergency Preparedness contact us:

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